



**Trust House Lancashire  
Rape and Sexual Assault Support Centre**

<b>Job Title</b>	Senior Children and Young People's Therapist
<b>Place of Work</b>	Preston but with a requirement to travel on a county wide basis and some home working
<b>Salary</b>	£28 053
<b>Annual Leave</b>	28 days per year plus statutory holidays
<b>Hours</b>	35 hours per week
<b>Accountable to</b>	Children, Young People and Families Services Manager

## **AIMS / PURPOSE OF THE POST**

Trust House Lancashire is a Rape and Sexual Assault Support Centre and provides a range of services for women, men and children affected by rape or sexual abuse.

The service currently provides counselling for adults, and counselling, creative and play therapy for children and young people including pre-trial therapy. We provide family support where children and young people have been subjected to sexual abuse and we have group provision and a comprehensive training programme for working effectively with victims of sexual violence.

The Senior Children and Young People's Therapist will be based at our centre in Preston and the post-holder will be prepared to travel county wide as we deliver counselling and therapy at a range of locations in Lancashire.

As a Senior Children and Young People's Therapist you will work with individuals aged 4-24 years who have been affected by sexual abuse or assault at any time in their lives. You'll carry out assessments of clients referred into Trust House, and you will deliver counselling to a caseload of clients and support the co-ordination, allocation, quality assurance and delivery of counselling by a committed group of volunteer and sessional counsellors. You will work alongside other team members to support our volunteer and student counsellors and therapists.

You will contribute to and support the development of policies and procedures that underpin our therapeutic working under the direction of the Children, Young People and Family Services Manager and you will help to develop and promote robust and appropriate clinical practice in all aspects of our frontline services for children and young people.

You will support our Children, Young People and Family Services Manager to ensure that services are delivered in accordance with Trust House Lancashire's policies, procedures and service standards and enable and support the service to meet with any specific requirements from the board of trustees, funders and commissioners.

## **MAIN DUTIES AND RESPONSIBILITIES**

The Senior Children and Young People's Therapist has responsibility for:

- Supporting the Children, Young People and Families Manager with the planning, co-ordination and delivery of Trust House Lancashire's Counselling Service enabling us to deliver a holistic and high-quality counselling service to clients.
- Assessment including risk, of the needs of children and young people accessing the service and following up with appropriate action.
- Supporting quality assurance of use of our case management system by counselling volunteers and sessional staff.
- Ensuring counselling rooms are fully stocked and kept clean and client friendly.
- Managing a caseload of 15 clients.
- Delivering Clinical Supervision

- Working within Trust House Lancashire’s policies and procedures in relation to safeguarding and protection of vulnerable adults, children and young people ensuring the escalation of concerns or issues that might arise in the course of our work.
- Ensuring the Children, Young People and Families Manager is kept informed of any trends or emerging themes in presenting issues for clients and practice issues for Trust House Lancashire.
- Working with our Children, Young People and Families Manager to support training development and delivery.
- Working closely with all team members to support seamless service delivery.
- Working and liaising with other professionals to address wider client needs.
- Engaging with wider services design and development activities including fundraising, awareness, and networking events as well as social media participation.
- Leading, developing and contributing to the development of policies, procedures, and practices, under the direction of the Children, Young People and Family Services Manager, to improve service provision.
- Participating in opportunities to influence the design and development of services locally and nationally for those affected by rape and sexual abuse.
- Project monitoring, reporting and outcomes evaluation procedures in line with Trust House Lancashire’s established protocols.
- Participating in monthly line management, clinical supervision, and team meetings.
- Maintaining client confidentiality, upholding data protection and equal opportunities principles
- Working according to relevant practice guidelines; The Survivors Trust National Service Standards and the BACP Ethical Framework.
- Representing Trust House Lancashire in meetings with stakeholder agencies.

This job description is a guide to the tasks of the Senior Children and Young People’s Therapist at Trust House, and the post-holder is required to undertake other tasks as reasonably requested by the Children, Young People and Family Services Manager or CEO.

### Person Specification

Qualifications & Training	Essential	Desirable
A Recognised professional qualification to Post Graduate Diploma level in counselling, play therapy or psychotherapy and membership of an appropriate professional body e.g BACP, UKCP.	X	
A Level 4 qualification (or equivalent of) in Children and Young People’s counselling	X	
At least 2 years post qualifying experience of delivering counselling and therapy to children and young people.	X	
A supervision qualification.		X

Qualification in EMDR, CBT or Trauma Therapy		X
Qualification or training in working effectively with individuals that have experienced sexual violence		X

<b>Skills/Experience/Knowledge</b>	<b>Essential</b>	<b>Desirable</b>
Able to demonstrate a good understanding of issues surrounding rape and sexual abuse.	X	
Able to demonstrate a good understanding of safeguarding and protection processes as applicable to a voluntary sector service provider.	X	
Experience of carrying out assessments with children, young people, and families		X
Experience of delivering training		X
Experience of working with children and young people that have experienced sexual abuse.	X	
Experience of working in the voluntary sector.		X
Excellent IT skills	X	
Excellent communication skills	X	
Confident in the use of Social Media		X
Able to demonstrate an excellent understanding of issues around A) Confidentiality. B) The safeguarding and protection of adults, children, and young people. C) Data Protection Principles. D) Equal Opportunity Principles	X	
Ability to work on own initiative and independently.	X	
Ability to manage and prioritise work effectively.	X	
Ability to combine caseload management and project management.	X	
The ability to self-motivate, motivate others, and to support colleagues	X	
Ability to work at times under pressure and within directed time scales.	X	

<b>Values and Attitudes</b>	<b>Essential</b>	<b>Desirable</b>
A creative, positive, and empowering approach to working with children, young people and families.	X	
To be non-judgemental and anti-oppressive in practice	X	
The ability to recognise own self-care needs and address these effectively.	X	
Approachable and enthusiastic in working collaboratively to share specialist knowledge and experience for the wider benefit of the service and team.	X	
To be able to combine a professional as well as a caring approach to their work.	X	
To be willing to commit to Trust House Lancashire's ethos, mission and vision for the delivery of services to survivors of sexual assault.	X	
To be committed to making a difference in this field of work.	X	
Commitment to delivering a quality service.	X	
To ensure clear boundaries and good professional judgement in relation to working practices, and in line with policies and procedures.	X	
To be awareness of local and national developments in this field of work and have the ability to integrate this into their work and practice.		X

<b>Flexibility</b>	<b>Essential</b>	<b>Desirable</b>
Reliability and flexibility in relation to hours of work	X	
<b>Mobility</b>		
Licence to drive and use of a car.	X	

<b>Other requirements</b>	An enhanced DBS disclosure will be required for this role.
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